

# The Cardinal



DECEMBER 2009 JANUARY 2010 • WWW.SAINTPAULAUDUBON.NET • SAINT PAUL AUDUBON SOCIETY

## DECEMBER MEMBER MEETING

### Amazon River Cruise: Birding in Northeastern Peru

with Ben Wilson, Birder and Photographer

December 10, 2009

Join Ben Wilson for a slide-show cruise down the Peruvian Amazon and immerse yourself in the amazing birds, mammals, flora and human residents of this important region. As Ben notes, the rich biodiversity of the Amazon Basin helps attract visitors, and eco-tourism is important to local economies.

The region faces the same threats as seen in many other South American countries, primarily hunting and trapping of wildlife for food and for international markets, logging, and a growing population that encroaches on wildlife habitat.

Ben is a recent convert to birding and an excellent photographer.

Come and enjoy a perfect program for a cold December evening.



Blue-fronted Jacamar  
Photo by Ben Wilson

## JANUARY MEMBER MEETING

### Restoring the Mississippi for Birds and People

with Dan McGuiness, Life-long River Advocate

January 14, 2010

Dan McGuiness has spent his entire career, 41 years, going against the flow to preserve two of Minnesota's finest waterways, the Mississippi and St. Croix rivers. Humans haven't been kind to rivers and, as Dan points out, the Mississippi has suffered through 300 years of lock

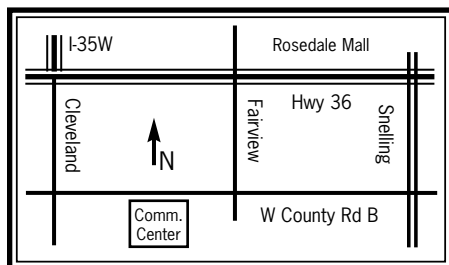
and dam building, dredging and human settlement in its watershed—but work is under way to rescue North America's biggest river.

Dan will provide an overview of the Big River, from headwaters to Gulf, noting

examples of habitat restoration along its route and providing info on what Auduboners can do to help. After all, rivers are important to birds, with more than 300 species nesting along the Mississippi.

Since his retirement Dan has been consulting on river issues. Many will recognize him as last year's St. Paul Audubon president and others know him as the supreme "river rat," willing to go anywhere, anytime, to preserve rivers and their wildlife. He was National Audubon's director of conservation policy for the Mississippi before his retirement in 2008, and currently serves on several conservation organization boards.

If you love the Mississippi—and who doesn't?—come hear what one of its biggest champions has to say.



Our meetings begin at 6:45 with social time, 7:00 PM for the program, at the Fairview Community Center, 1910 W. County Road B, in Roseville. Free and open to the public. Free parking available. *Bring a friend!*

Upcoming Member Meetings  
February  
**The Piping Plover**  
with Francesca Cuthbert  
Univ. of Minnesota

# LEADER ROSTER; PRESIDENT'S MESSAGE

## BOARD MEETINGS

Saint Paul Audubon's Board Meetings are held at the Ramsey-Washington Metro Watershed District Office at 2665 Noel Drive, Little Canada. Exit 35-E at Little Canada Rd., go east to Noel, across from City Hall. For more information or regrets, please contact Tim Nixon at 651-353-0756 or [timothy.nixon@thomsonreuters.com](mailto:timothy.nixon@thomsonreuters.com). Fall meetings are on the first Monday of the month: **December 7, January 4, February 1.**

## What Holly's Reading:

*"The Bird Watcher's Diary,"* by Edgar Reilly and Gorton Carruth. 1987. Carruth and Ehrlich Books, Inc. "A Hudson Group Nature Book."

I found this at a used book store last year sometime, and it's been sitting around... It is a diary in the sense that there is space to write your notes about what you're seeing in your yard. The authors intended it to help you begin your amateur phenology records. But the reason it's so valuable to me? There are pages and pages of GREAT information throughout. Winter shelter construction, feeding, migration, torpor, evolution, behavior calendars for yard birds so you can become familiar with what they should be doing at any time of the year, with blank charts for you to fill in!! Inner and outer physiology, a silhouette game such as I play with Scouts who do the Bird Study Merit Badge with me. The list goes on and on.

I hope that on your next visit to a used book store, *you* find just such a treasure! Send in *your* book lists or reviews, and we'll publish 'em!

## CARDINAL CONTRIBUTORS

Thanks to Val Cunningham, Chase Davies, Dean Doering, Richard Newmark, Tim Nixon, Holly Peirson, Bonnie Sample, Julian Sellers, and Ben Wilson for their contributions to *The Cardinal*. Send submissions to the Editor at [hpbirdscouter@msn.com](mailto:hpbirdscouter@msn.com)

## Hoo-hHoo Are You?!

A friend and I were playing chess the other night on the screen porch. The moon was nearly full, and a late summer breeze wafted through. Whippoorwills chanted insistently in a last flurry before beginning their trips south. My friend moved his queen, and I sensed inevitable defeat. We hadn't spoken for nearly 10 minutes.

I'm not sure how, but we knew he was there before we heard him. A hush passed over us, maybe a shadow in the moonlight, or a soft folding of wings on the oak branch overhanging the porch.

And then he brought us into his world. The "hoo-hHoo-hoo--hoo" enveloped us. It boomed around us and inside us. It was loud, almost

embarrassing. We felt like we were in a place we weren't supposed to be, a part of an alien, unorthodox space. It's odd to say, but we felt like we were looking out from inside that owl, like we had been given a rare gift, sharing the night with something sacred.

And then he was gone. I thought I saw his outspread wings descend down the hill and into the dark. We didn't admit it too each other, but I think we both felt a little different for a while, in a skin-tingling sort of way. A few minutes later, we packed up and departed on our own night paths, our unexpected visitor helping to light the way.

*Tim Nixon, President*

All members of SPAS may write in with "Nature Notes" such as Tim has written here. We are happy to publish them!

## SAINT PAUL AUDUBON

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Conservat'n Co-Chr Susan Solterman	651-260-7040 (c)
Field Trips Chair Chase Davies	651-633-1663 <a href="mailto:ccdavies@aol.com">ccdavies@aol.com</a>
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*(Outgoing Message Only — take down numbers given to call for info)*

Audubon Minnesota 651-739-9332  
[www.mn.audubon.org](http://www.mn.audubon.org)

## ABOUT OUR CHAPTER

Founded in 1945 as the 'St. Paul Bird Club' with around 12 members, Saint Paul Audubon Society now serves the entire East Metro region of the Twin Cities area, and has around 2,400 members. We hold 9 Member Meetings a year. Feel free to contact anyone listed at left for more information, or write to Saint Paul Audubon Society at PO Box 7275, Saint Paul, Minnesota, 55107 or visit our website at [www.saintpaulaudubon.net](http://www.saintpaulaudubon.net)

## ABOUT OUR NEWSLETTER

The Cardinal is published 6 times a year. Articles are due on the 5th of January, March, May, July, Sept, and Nov. Submissions are subject to editing. Send copy to [hpbirdscouter@msn.com](mailto:hpbirdscouter@msn.com)

## LOCAL SUPPORT

If you are an Audubon member and don't live in the Saint Paul area, but would like to receive *The Cardinal*, send \$15 for a year's subscription to John O'Connell, 2184 Larry Ho Drive, St. Paul, MN 55119

## ADDRESS CHANGE

Please call 1-800-274-4201 to change your address for National Audubon Society mailings, including *Audubon Magazine* and *The Cardinal*, or to sign up for Audubon's paper-free renewal program.

National Audubon Society  
[www.audubon.org](http://www.audubon.org)

## NEW WEBSITE!

<http://www.saintpaulaudubon.org>.

Have you had a chance to see the Saint Paul Audubon Society's new website yet? If not check it out at <http://www.saintpaulaudubon.org>. Note the new address is now **.org!**

The new site was a year in the making and took a team of SPAS volunteers. Local website developer *Triangle Park Creative* guided the committee through a long, and at times, challenging process to get to the essence of what we wanted the new website to say about us and how we wanted it to function.



### Audubon Applause

Thanks go to the Website Committee:

**Val Cunningham,**  
**Chase Davies, Bonita Jenne,**  
**Holly Peirson, Julian Sellers**  
and **Jenny Vitale.**

Additional special mention goes to Bonita Jenne, for her attention to detail, editing, and valuable insights into website design, and Val Cunningham for writing much of the content. Photos for the site were generously donated by: **Karen Eckman, Tim Nixon, Joe Schneid, Joe Stinnett, Jim Williams, and Ron Winch.** Thank you to everyone who contributed their ideas, content, photos, time, feedback and support.



### Audubon Applause

also goes out this month to Board member Tess Rizzardi and her partner Monica Bryand. They asked that donations be sent to Saint Paul Audubon in lieu of gifts upon the happy event of their marriage. So far their friends and relations have donated \$410 to Saint Paul Audubon. Thank you and congratulations, Tess and Monica!

The screenshot shows the homepage of the Saint Paul Audubon Society website. At the top, there is a navigation bar with links for Home, Contact, Volunteer, and Site Map, along with a search box. Below the navigation bar is a main header with the organization's name and a logo featuring a tree and a bird. A secondary navigation bar includes links for About Us, Conservation, Education, Events, Support Us, and Publications. The main content area is divided into several sections: a quote about building a community that protects birds and the environment; a 'More Inside' section with articles on 'Singing to Impress' and 'Migration Gauntlet'; a 'Donate' section with a 'Donate to SPAS on November 17th!' banner and a 'Have you read the latest Cardinal?' article; and a 'Mussels and Other Treasures of the Upper Mississippi' section.

Go ahead and explore, click on links, see how things work!! If you notice anything unusual go to the committee page and send the

Webmaster a message. Enjoy SPAS' new home on the world wide web.

SPAS BOARD MEMBER JENNY VITALE

## Murray Oliphant

We recently learned that one of our most active advocates and long-time members, Murray Oliphant, has passed away. Hearing his name brought to mind all the times at Warbler Weekend when Murray and Janie were banding -- He always had a smile on his face even while carrying wet, sloppy mist nets over his shoulder on his way up the bluffs behind the Villa. Murray, in his professional life was first a professor, then a research engineer at 3M from the 40's to the 70's. He was never happier than to be figuring out how some new technology should work. For that work he held 11 patents! He and his wife Janie were truly what they call Renaissance people. They were leaders of our chapter in the 60's and 70's, and banded birds into the mid-90's at the Villa. Their view of the big picture was on the order of Rachel Carson, Bud Tordoff, Sigurd Olson, Aldo Leopold. They are sorely missed.

Murray's family asked that memorials be sent to The Nature Conservancy, 1101 W. River Pkwy, #200, Minneapolis, Minnesota, 55415 or you may donate online at <http://www.nature.org/wherewework/northamerica/states/minnesota/>

## FIELD TRIPS, CITIZEN SCIENCE OPS

### Get a Front Row Seat at the MOU Paper Session: Helpers Needed!

Saturday, December 5<sup>TH</sup>

It's "our year" to make and serve the coffee and snacks during the breaks at the Minn. Ornithologists' Union's Annual Paper Session (research project reports, updates on bird-related projects and organizations in Minnesota). The three Twin Cities Chapters rotate this opportunity.

It's a lot of fun to meet and greet others in the Birding and Conservation-minded community. **Five to six volunteers are needed;** if you would like to help with this effort, please contact Chase Davies at 651-633-1663 or [ccdavies@aol.com](mailto:ccdavies@aol.com)

### Christmas Bird Count

Saturday, December 19<sup>TH</sup>

Don't miss the highlight of the winter birding season—the National Audubon Society's 110<sup>TH</sup> annual Christmas Bird Count. This longest-running "citizen science" study provides valuable data on winter bird populations, and great fun for teams and feeder-watchers.

You don't have to be an expert birder to participate (but we always need more experts). We can assign you to a team with an experienced leader. Each team counts the birds in its assigned section of our 15-mile-diameter count circle. You can go for part or all of the day, or even start listening for owls before dawn. We also need many volunteers to watch feeders within 7.5 miles of the intersection of County Road B and Dale Street.

At the end of the day, we'll gather for a pot-luck supper and swap stories about the day's highlights as we tally the species. There is a \$6 fee per field participant to help pay the costs of this massive data gathering effort: \$5 to National Audubon and \$1 to cover our chapter's expenses. There is no fee for feeder watchers or for field participants 18 years of age and younger.

Please contact Julian Sellers at [JulianSellers@msn.com](mailto:JulianSellers@msn.com) or 651-698-5737 by Thursday, December 10<sup>TH</sup>. Email is preferred, and sooner is better than later. Give your name, telephone number, email address, and U.S. Postal mailing address, and say whether you'd like to lead, follow, or watch your feeders. Please rank your birding skill level (beginner, intermediate, or experienced) and state your preferred birding style (relaxed, focused, or intense!)

Compiler **Julian Sellers, 651-698-5737**  
[juliansellers@msn.com](mailto:juliansellers@msn.com)



### 6th Annual Golden Eagle Survey

January 16<sup>TH</sup>, 2010

You too can be a Citizen Scientist trained to add data about the ecology and identification of Golden Eagles!

Yes, you can learn to identify Golden Eagles, to differentiate them from immature Bald Eagles, and more. Then, if you choose, you may help document wintering Golden Eagles as a Citizen Scientist by surveying an assigned route, collecting and reporting data. The survey starts from the National Eagle Center (NEC) at 9:00 AM and goes until a route is completed.

Come, help document the well-kept secret that these majestic birds are in the Upper Mississippi Valley in wintertime! Learn when, and why as well as where they hang out, and what they spend their time doing.

**This is a special 2-part birding opportunity.**

1. Sign up for a seminar/field trip with NEC. Chase Davies will go with the group on December 19; Ben Wilson on January 5. Each seminar starts at the National Eagle Center in Wabasha at 1:30 PM.

2. To help with the survey, call NEC to register. On January 16 cars of 2 or more people will be given instructions and a route to survey. Reports will be electronically transmitted. Ben Wilson will be your SPAS contact at NEC on January 16. Ben is a very active volunteer at the Raptor Center and will present at the SPAS December Member Meeting.

The only cost is the visitor's fee to NEC. For more information regarding the seminar/field trip and the survey, contact Scott Mehus at 651-565-4989, x 101 or email [scott@nationaleaglecenter.org](mailto:scott@nationaleaglecenter.org)

To carpool to a seminar only on Dec 12 or Jan 5, be at Sears Parking Lot at 11:00 AM with warm clothes, binoculars, and a bag lunch in hand. Consider bringing a scope, a camera. There will be no carpooling from Sears on December 19 or January 16.

The National Eagle Center is located at 50 Pembroke Avenue, Wabasha MN 55981 651-565-4989. Allow about two hrs. drive time from downtown St. Paul.

Registration: Special Instructions: Each individual or group is to register one week in advance to National Eagle Center. Entrance to NEC is \$6 (\$5 Sr). Tell them you are with SPAS so Chase and Ben can learn how many folks to watch for. Phone: 651 565 4989, 877-332-4537 or use [www.nationaleaglecenter.org](http://www.nationaleaglecenter.org)

**Difficulty Easy**

**Chase Davies, 65-633-1663, [ccdavies@aol.com](mailto:ccdavies@aol.com)**

## SPAS' ANNUAL FUND DRIVE: BUILDING ON OUR SUCCESS!

**THIS IS IT! IT'S TIME FOR THE ANNUAL FUND DRIVE.** This is the only time we seek your support for the great work that the Saint Paul Audubon Society does and for the many tangible benefits that this work provides for birds, other wildlife and their habitat, and people.

We sincerely hope that you will make a generous contribution. We are a volunteer driven organization - none of the Board members, field trip leaders, or committee members are paid. But there are expenses that must be covered and this Annual Fund Drive is our largest source of income. Our expenses include producing and mailing The Cardinal newsletter. Our Programs involve speaker honoraria and meeting space rental fees. We maintain a web site and a dedicated phone line to help answer your questions. There are expenses related to a vast array of educational programs for people of all ages from presentations at schools to a birding class for adults offered through the Maplewood Nature Center. SPAS has provided grants to organizations which support our mission, such as purchasing binoculars for field trips at nature centers, wood for birdhouses, education programs for youth, and restoration of natural areas including buckthorn removal. Our conservation committee is active in restoration activities at Como park, educational presentations, and environmental initiatives. St. Paul Audubon sponsors Warbler Weekend in Frotenac in the spring and numerous birding trips in the metro area. We have been a co-sponsor of the Ramsey County Urban Bird Festival.

Our mission is two-fold: to keep common birds common, and to protect species that are in decline. That mission is especially important in an era when development regularly destroys bird habitat and climate change threatens the very existence of birds and other species on our planet. Think about what Saint Paul Audubon has done this year to promote our mission and pledge your support for our continuing effort in the year to come.

Donors (unless they wish to remain anonymous) are recognized in the April issue of the Cardinal at the Egret (under \$50), Bluebird (\$50 - \$99), or Cardinal (\$100 and above) levels.

With our Fund Drive, there are no phone calls to disrupt your dinner and no annoying computer pop-ups. All you do is submit a check for your contribution in the remittance envelope provided with this issue of The Cardinal or donate on-line at [www.saintpaulaudubon.org](http://www.saintpaulaudubon.org). (If there is no envelope, you may use the box below.) It's that easy. Again, please contribute generously. The birds will reward you with familiar refrains throughout the year ahead! Those humans who hold volunteer positions also Thank You.

ANNUAL FUND DRIVE CHAIR DEAN DOERING

### Saint Paul Audubon Society

#### Annual Fund Drive Donation

Enclosed is my tax-deductible contribution for the Saint Paul Audubon Society to be used for:

\$\_\_\_\_\_ for Annual Operating Fund

\$\_\_\_\_\_ for Endowment Fund

\$\_\_\_\_\_ wherever needed

This gift is given:

\_\_\_ in memory of \_\_\_\_\_

\_\_\_ in honor of \_\_\_\_\_

*For generous donations (of \$100 or over), you may choose to*  
 receive  not receive a signed photograph donated by SPAS member and wildlife photographer Ron Winch (no Fund Drive funds are used to create this gift to you from our Chapter and Ron Winch.)

*Thank You Very Much  
for Your Support*

Donor Name \_\_\_\_\_

Address \_\_\_\_\_

Phone/Email \_\_\_\_\_

*If your contribution was given in memory of or in honor of someone, we will send an acknowledgement card. Card to be sent to:*

Name \_\_\_\_\_

Address \_\_\_\_\_

PLEASE SEND YOUR CHECK TO: Dean Doering, 1901 North Victoria Street, Roseville, MN 55113, *or*, you may go to the SPAS Website at <http://saintpaulaudubon.org> and click on "Support Us"

Bird Banding at Carpenter Nature Center is open to the public every 4TH Friday, from 8:00 to Noon. For more info and directions, call 651-437-4359. You may watch and may also be allowed to release birds. Dress for the weather!

## AREA HAPPENINGS

### 2010 Beginning Bird Identification Classes For Adults

Due to popular demand, we are once again partnering with St. Paul Audubon to offer a Beginner's Bird Identification class in 2010. Birding experts Bonnie Sample and Chase Davies will help teach us how to really see and then identify the birds. We will begin by using common feeder birds to learn identification techniques, then practice those techniques on winter birds. Later sessions will focus on other groups of species in the order that birds migrate into and through the area.

Each session includes a classroom workshop from 6:30–8:30 PM on Tuesday evenings at Maplewood Nature Center and the following Saturday 8–10 AM field event. Field trip locations will be determined by bird activity and weather. There will be no field trip with the last class; however, students in the last class may receive a New Member membership in either Friends of Maplewood Nature Center or in the National Audubon Society.

#### Dates and topics of the classes

Topic	Tues.	Sat.
Feeder birds	2/16	2/20
More winter birds	3/2	3/6
Waterbirds	3/16	3/20
Early migrants	3/30	4/3
Early warblers	4/13	4/17
More warblers	4/27	none

There is a \$10 fee for each session. Participants may register for individual classes or for all 6. All six classes are offered as a \$50 package. Please be aware that the last four classes build on the information presented in the first two. Fees pay for instruction, space, materials, and contributions to MNC and SPAS. Maplewood Nature Center will

accept prepaid reservations on a first-come, first-served basis. Mail or deliver your reservation with a check made payable to Maplewood Nature Center, 2659 East Seventh Street, Maplewood, MN, 55119. Maplewood is open Tues–Sat 8:30–4:30. For more information you may call 651-249-2170, or check us out on the web at [www.ci.maplewood.mn.us/nc](http://www.ci.maplewood.mn.us/nc) or see [www.saintpaulaudubon.org](http://www.saintpaulaudubon.org)

### Save these Dates: The GBBC is Coming!

The next **Great Backyard Bird Count** (GBBC) takes place Friday, February 12 through Monday, February 15, 2010. The National Audubon Society and the Cornell Lab of Ornithology are calling on everyone to “Count for Fun, Count for the Future!” During last year’s count, participants turned in more than 93,600 checklists online, creating the continent’s largest instantaneous snapshot of bird populations ever recorded. We hope you’ll join us again and help spread the word, since the success of the count depends on people tallying birds from as many locations as possible across the continent. To sign up: <http://www.birdsource.org/gbbc/>

#### Birds to Help

Looking to help the birds in your area? Visit *Audubon at Home’s* “Birds to Help” website for some tips. Tips are organized according to setting—urban, suburban, or rural. <http://audubonathome.org/birdstohelp/>



### Design with Nature Spring Conference 2010

**Saturday, February 27, 8:00 AM to 4:45 PM, Radisson Hotel Roseville, 2540 North Cleveland Avenue**

The St. Croix Oak Savanna and Twin Cities chapters of “Wild Ones” are partnering with the Minnesota Chapter of the American Society of Landscape Architects (MASLA), and “Blue Thumb-Planting for Clean Water” to present Douglas Tallamy and other noted speakers on creating healthy communities above and below ground.



Our experts will share their latest research in designing beneficial habitats using native plants for the insects, birds and wildlife whose survival depends on them.

Also featured are exhibitors from native plant nurseries, natural landscape designers and environmental organizations. Please join us for an exciting day of ideas in preparation for spring.

Space is limited so sign up early. For more info and to register: <http://forwild.org/chapters/twincities/expo.html> Register by February 22ND by mail or online. Cost is \$40 for Wild Ones and MASLA members, \$45 non-members. Price includes buffet lunch.

### Save these Dates!

**Bald Eagle Field Trip, Sunday, February 21, 2010**

**Ramsey County Urban Bird Fest: May 7-9, 2010**

**SPAS' Warbler Weekend: May 14-16, 2010.**

## THE LAST PAGE

### ★ Electronic Resources

*'you gotta bookmark these sites!'*

Saint Paul Audubon's website is at:

**www.saintpaulaudubon.net** (Member Meetings, Field Trips, Conservation, Education, "Cardinal" archives)

Audubon Minnesota is at **www.mn.audubon.org**

National Audubon Society is at: **www.audubon.org** (birds & science, issues & action, education, Audubon at home, state centers & chapters, environmental news)

Minnesota DNR is at **www.dnr.state.mn.us**

or call 651-296-6157 or 888-MINNDNR

(Info on State Parks, State Forests, Wildlife Mgmt Areas, Scientific & Natural Areas, bird lists, wildlife info)

National Wildlife Refuges in MN can be found at

**www.fws.gov/midwest** (click on "Minnesota")

National Parks in USA & MN can be found at **www.nps.gov** (w/clickable map)

Minnesota Ornithologists' Union is at [www.mou.mn.org](http://www.mou.mn.org) (birding listserves, migration and nesting occurrence maps, State Park bird lists, RBA (Rare Bird Alert) reports, all 87 county bird lists, seasonal reports, etc.)

Minnesota's Rare Bird Hotlines are:

Metro/Statewide 763-780-8890

Duluth/No. Shore 218-728-5030

Northwestern MN 1-800-433-1888

Ramsey County & Saint Paul Audubon have collaborated to publish "A Guide to Birding Ramsey County." Find it online at:

**<http://www.co.ramsey.mn.us/parks/NaturalResources/BirdingInRamseyCounty.htm>**

Northwest MN's *Pine to Prairie Birding Trail* website is at **www.mnbirdtrail.com**

The *Minnesota River Valley Birding Trail* is at **www.birdingtrail.org**

Mississippi River from Itasca to Iowa, the *Great River Birding Trail*, is at **www.greatriverbirding.org**

MNBirdNet Statewide Electronic Bird Club, is at: **[mnbird-request@linux2.winona.msus.edu](mailto:mnbird-request@linux2.winona.msus.edu)**

Bob Ekblad's great list of events and MN Bird Checklist is at: **<http://home.rconnect.com/~ekblad/MN-Event.htm>**

Get Involved in saving/restoring habitat: Buy Duck Stamps! **<http://www.fws.gov/duckstamps/stamps.htm>**

New  
& Revised

### ✧ Reaching Our Leaders

Washington, D.C.

President Obama  
The White House, 1600 Pennsylvania Avenue  
Washington, D.C. 20500, 202-456-1111  
[president@whitehouse.gov](mailto:president@whitehouse.gov)

US Senator Amy Klobuchar DC 202-224-3244, MN 612-727-5220  
<http://klobuchar.senate.gov/emailamy.cfm>  
Russell Senate Office Bldg, Washington DC 20510  
MN: Federal Building, #298, Ft Snelling, MN 55111

US Senator Al Franken DC 202-224-5641, MN 651-221-1016  
[info@franken.senate.gov](mailto:info@franken.senate.gov) 320 Hart Senate Office Bldg,  
Washington DC 20510

US Rep 4TH Betty McCollum DC 202-225-6631, 1029 Longworth  
House Office Bldg, Washington, DC 20515;  
MN 651-224-9191, 165 Western Avenue N, #17,  
Saint Paul, MN 55102; Internet email:  
[www.house.gov/mccollum/contact.html](http://www.house.gov/mccollum/contact.html)

US Rep 5TH Keith Ellison DC 202-225-4755, MN 612-664-8000  
1130 Longworth House Office Bldg, DC 20515  
250 Marquette Avenue #225, MPLS, MN 55401  
<http://ellison.house.gov>

US Rep 6TH Michelle Bachmann DC 202-225-2331, MN 651-  
731-5400, 412 Cannon House Office Bldg, Wash, DC  
20515 MN: 6043 Hudson Rd #330, Woodbury, MN  
55125 [http://bachmann.house.gov/Email\\_zip.htm](http://bachmann.house.gov/Email_zip.htm)

Minnesota

Governor Tim Pawlenty 75 Rev. Martin Luther King, Jr Blvd,  
#130, Saint Paul, MN 55155, 651-296-3391  
Fax: 651-296-2089 [tim.pawlenty@state.mn.us](mailto:tim.pawlenty@state.mn.us)

MN Senators To find your senator, call the Secretary of State  
651-296-0504, or go to [www.senate.leg.state.mn.us](http://www.senate.leg.state.mn.us)

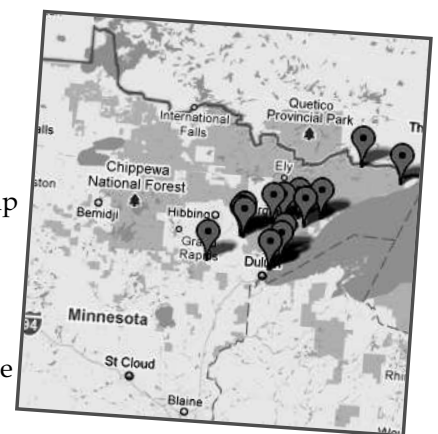
MN Reps To find your representative, call the MN House at  
651-296-2146, or go to [www.house.leg.state.mn.us](http://www.house.leg.state.mn.us)

### Hawk Owl Map

Last year Duluth birder and tour leader Mike Hendrickson began a blog and a map of Hawk Owl wintering sites. It was such a hit that he has already put it together for this year. This is the image of where the owls can be found as of November 10.

Go to <http://colderbythelakebirding.blogspot.com/2009/11/2009-2010-northern-hawk-owl-map.html> for more info.

Reading through Mike's list of other birders' blogs could be a fine way to spend a cold winter's day...



### SPAS' E-Alert!

If you have email, sign up today for our online notification system! You'll receive announcements about upcoming events, information about current legislative happenings, and other Saint Paul Audubon happenings between issues of *The Cardinal*. When you *change your email address*, notify list manager Chase Davies of your new address. She is at **[ccdavies@aol.com](mailto:ccdavies@aol.com)**  
You may unsubscribe at any time.

SAINT PAUL AUDUBON SOCIETY

PO Box 7275, St Paul, MN 55107-7275  
WWW.SAINTPAULAUDUBON.NET

December 2009 January 2010

February March Deadline 1/5/2010

100% RECYCLED PAPER

*Welcome... To the Saint Paul Audubon Society. We're a chapter of the National Audubon Society. Our Mission is to conserve and restore natural ecosystems, focusing on birds, other wildlife, and their habitats for the benefit of humanity and Earth's biological diversity.*

CALENDAR

DECEMBER

MOU Paper Session, Bell Museum . . . . .5  
Board Meeting . . . . .7  
**Member Mtg: Peruvian Amazon . . .10**  
Christmas Bird Count. . . . .19

JANUARY

Board Meeting . . . . .4  
**Member Mtg: River Restoration . . .14**  
Golden Eagle Survey. . . . .16

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**A Blog is a Blog is a ...**

- Bluebirder
- Craig's Birds
- Ecobirder
- Itasca County Birding
- Ivars Birds
- Laura Erickson's Blog
- Minnesota Bird Nerd Blog
- My Handy Cam Blog
- Sand Creek Almanac
- Weekend Shooter
- Wingnut

If you have been "online" for a while, you've no doubt visited any number of personal blogs written to talk about painting, photography, knitting, birds, cars, history, beads, stamps, whatever. You could find 1,000 blogs in about an hour. Here are some to get you started. My personal faves are Laura Erickson's and Wingnut because they are "teaching" blogs, not just for showing off the latest exotic location visited (tho some of these are not North American blogs...) Send in your favorites that you "follow."

**St. Paul Audubon Society** Local Sponsorship

Yes! I want to be a sponsor of my local chapter, Saint Paul Audubon, by donating \$15, for which I will receive *The Cardinal* newsletter and other online news. Please fill in the personal information, make a check for \$15 out to Saint Paul Audubon Society, and send it to the address below. *Thank You Very Much!*

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